

Monday 3/4	Tuesday	Wednesday	Thursday	Friday
<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to define suicide; explain why suicide is an especially serious problem for teens; identify warning signs of suicide; describe what to do if a friend says they're having thoughts of self-harm and suicide.</p> <p>Assignment In class—Notes & discussion Take home & return—None</p> <p>Upcoming event TEST FRIDAY</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to define tolerance and bullying; describe what happens when people see or experience violence on a regular basis; explain how to avoid dangerous situations.</p> <p>Assignment In class—Notes & discussion Take home & return—None</p> <p>Upcoming event TEST FRIDAY</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to define neglect and hazing; describe behaviors typical of abusive people; differentiate between sexual abuse, sexual harassment, and sexual assault.</p> <p>Assignment In class—Notes & discussion Take home & return—None</p> <p>Upcoming event TEST FRIDAY</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to demonstrate understanding of essential content related to mental health, stress, and loss through a whole class review.</p> <p>Assignment In class—Class review activity Take home & return—None</p> <p>Upcoming event Test tomorrow</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will demonstrate understanding of essential content related to mental health, stress, and loss on a written exam.</p> <p>Assignment In class—Written exam Take home & return—None</p> <p>Upcoming event None</p>
PE-11		PE-11		PE-11

<p>Standards 10.4.12.A—Evaluate and engage in an individualized physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation. 10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults. 10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities. 10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation. 10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills. 10.5.12.C—Evaluate the impact of practice strategies on skill development and improvement. 10.5.12.F—Analyze the application of game strategies for different categories of physical activities. <u>Objectives/Assignment</u> Students will engage in a variety of lifetime physical activities. <u>Upcoming event</u> None</p>		<p>Standards 10.4.12.A—Evaluate and engage in an individualized physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation. 10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults. 10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities. 10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation. 10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills. 10.5.12.C—Evaluate the impact of practice strategies on skill development and improvement. 10.5.12.F—Analyze the application of game strategies for different categories of physical activities. <u>Objectives/Assignment</u> Students will engage in a variety of lifetime physical activities. <u>Upcoming event</u> None</p>		<p>Standards 10.4.12.A—Evaluate and engage in an individualized physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation. 10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults. 10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities. 10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation. 10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills. 10.5.12.C—Evaluate the impact of practice strategies on skill development and improvement. 10.5.12.F—Analyze the application of game strategies for different categories of physical activities. <u>Objectives/Assignment</u> Students will engage in a variety of lifetime physical activities. <u>Upcoming event</u> None</p>
PE-8	PE-8	PE-8	PE-8	PE-8

<p><u>Standards</u> 10.4.9.A—Analyze and engage in physical activities that are developmentally/individually appropriate and support the achievement of personal fitness and activity goals. 10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. <u>Objectives/Assignment</u> Students will engage in volleyball activities. <u>Upcoming event</u> None</p>	<p><u>Standards</u> 10.4.9.A—Analyze and engage in physical activities that are developmentally/individually appropriate and support the achievement of personal fitness and activity goals. 10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. <u>Objectives/Assignment</u> Students will engage in volleyball activities. <u>Upcoming event</u> None</p>	<p><u>Standards</u> 10.4.9.A—Analyze and engage in physical activities that are developmentally/individually appropriate and support the achievement of personal fitness and activity goals. 10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. <u>Objectives/Assignment</u> Students will engage in volleyball activities. <u>Upcoming event</u> None</p>	<p><u>Standards</u> 10.4.9.A—Analyze and engage in physical activities that are developmentally/individually appropriate and support the achievement of personal fitness and activity goals. 10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. <u>Objectives/Assignment</u> Students will engage in volleyball activities. <u>Upcoming event</u> None</p>	<p><u>Standards</u> 10.4.9.A—Analyze and engage in physical activities that are developmentally/individually appropriate and support the achievement of personal fitness and activity goals. 10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. <u>Objectives/Assignment</u> Students will engage in volleyball activities. <u>Upcoming event</u> None</p>
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